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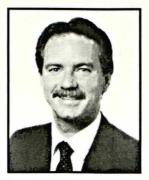
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Helix tops coach's 200 wins with title

by Jason Williams

For the Grossmont League, Helix High School's CIF football championship won last week meant a break from several years without a East County team winning a title.

For highly respected Highlander coach Jim Arnaiz, the win was another high point to go along with the 200th win his team gave him this year.

The Highlanders and the coach also celebrated the 20th anniversary of the school's first CIF win in 1978 by bringing the trophy home again.

Arnaiz, who has been coaching at Helix for 26 years, said that being at the school so long was one of the reasons he reached the 200 plateau.

With that 200th-win stop along the road to the CIF championship, it meant that Arnaiz was one of only three coaches in the area who have accomplished such a feat

"It isn't anything you start out to do," said Arnaiz, "that you coach because you like to teach and be around kids with similar values.

"After you reflect and realize the coaches. scope - only three other coaches have done this, I feel like I'm part of a special fraternity.

Arnaiz said he could never have coaches, teachers and players which have contributed to his trek to 200.

He noted that he started his climb toward being a coach with 200 wins under his belt as a player in college at Cal Polly Pomona from 1958 to 1962.

He had played high school football as well, but was moved toward coaching during his years in college after playing for an assortment of inspiring because it was the first and with a



Helix's Jason Van (#8) ran for 243 yards against Chula Vista as he led the Highlanders to the Div. Il title last Tuesday. The junior's ability was an important ingredient in the 19-7 win over the Trojans. Photo by Sam Stone

"I had a great experience in college with coaches who made football fun," said Arnaiz. "They made me realize I was there to get an education and footmade it without the outstanding ball was a spin-off of that. I had a

> Before coming to Helix in 1969, Arnaiz was an assistant coach at Bishop Montgomery High School in Torrence Calif

included the times Helix has won CIF. especially the first in 1978.

The coach said it was very special

group of kids that were not supposed to win. He added that the team was seated last for the playoffs, number eight of eight.

Arnaiz said that it was special in another way as well, in that it was the last year in San Diego County where a team had to beat everybody. After that year, it broke up into IIA and IIIA, and then into divisions.

He commented that when you were Over the years, highlights have CIF champion of everybody, it was something pretty special.

> Arnaiz felt that it wasn't what he did, but about what all our coaches

Continued on Page 2

Community Notes

Hospital hosts blood drive

A Holiday Blood Drive will be held from noon - 5 p.m. tomorrow at the Grossmont Hospital auditorium, 5555 Grossmont Center Drive in La Mesa. The drive is being sponsored by Sharp HealthCare in conjunction with the San Diego Blood Bank. The event will be held at seven other locations during the week in the hoped of reaching the goal of 400 pints of blood. For information on becoming a donor, call 1-800-82-SHARP.

Fastpitch softball team holding tryouts

A girls fast pitch ASA softball team, for girls 14 and younger, will be holding open tryouts. Call 465-4613 for more information. Leave message. All calls will be returned.

Commentary

Sniffling good movies

by Greg Eichelberger

Rather than blather on about what a lying scoundrel Bill Clinton is or what spineless worms the Republicans in Congress are, I will use the little space allotted to me to write about something a little more positive, and in relation to the time and season. Anyone who has read my "award-winning" commentaries on "Oscar Shame (Parts 1 and 2)" knows that I am, above all, a big film buff.

Through diligence, hard work and not much of a life, I have managed to compile some 1,500 movies on about 525 video cassettes. I mean I have these things stacked all over the place. Ask my roommate,

Anyway, it's especially fitting during the holidays to pull out my Christmas movies and watch them once again. While doing so recently, I discovered that there are some really emotional moments in some of these, old and new. So, as a change of pace from my usual Conservative fare, I thought I would present to you, as a gift, some of the best tearjerking tidbits from some of my favorite motion pictures. They are offered in no particular order and they are not all holiday films, either.

First, from the 1946 Frank Capra classic, "It's A Wonderful Life," there are two. When old man Gower (the drunken druggist) slaps young George Bailey for not delivering the poisoned medicine, realizes his mistake and then tearfully embraces and apologizes to the boy.

The other occurs at the end when a grown-up Bailey (James Stewart) picks up a copy of a Mark Twain book given to him by his guardian angel Clarence, reads the inscription, and then tells his questioning wife (Donna Reed) that it was given to him "by an old and very dear friend."

Another lump-in-the-throat moment comes in 1947's "Miracle On 34th Street," when Oscar-winning Edmund Gwenn (playing Kris Kringle) is told that a little Dutch girl, adopted by an American family, would not be able to tell Santa what she wanted for Christmas. As soon as he begins to speak to her in her language, though, she lights up and begins to sing a song with him. The look on her mother's face (as well as a very young Natalie Wood peering on) is a priceless movie moment.

"Scrooge," the 1951 masterpiece starring Allister Sim, has a great tearful scene at the end when Scrooge humbly asks his nephew and wife if they can ever forgive a "foolish old man." The 1944 Best Picture winner, "Going My Way," has a pair - when Bing Crosby (Best Actor) sings "Too-la-roo-la-roo-la" to Barry Fitzgerald (Best Supporting Actor), and when Fitzgerald sees his mother for the first time in 30 years. Both of these are guaranteed to empty a box of tissues

The conclusion of "The Miracle Worker" (1962), when Patty Duke (Best Supporting Actress) says "wawa" to her teacher, Anne Bancroft, also packs an emotional wallop. Another movie about a deaf-mute, 1948's "Johnny Belinda," also has a sequence like this when Lew Ayres explains to Belinda (Jane Wyman) in sign language how much he needs her.

But just in case the more "hip" readers are complaining, not all of these scenes take place in old black and white dramas. The 1986 comedy, "Peggy Sue Got Married," has a couple - when Kathleen Turner (Peggy Sue) goes back in time and picks up items from her bedroom in 1960, and when she talks to her (long-deceased) grandmother on the phone.

In "Big," from 1988, Tom Hanks make the audience sniffle along with him in a dingy, skid row hotel room, and in the 1992 film, "A League of Their Own," the concluding Hall of Fame reunion between Geena Davis and Virginia Madsen is quite moving. Even the frantic 1990 release, "National Lampoon's Christmas Vacation" contains a poignant scene where Chevy Chase explains why his poverty-stricken niece will have a great holiday this year, even if she's never had one before.

Tim Burton probably shed a few tears at the end of "Edward Scissorhands" (1990) or when Bela Lugosi (Martin Landau) died in 1994's "Ed Wood," and who could resist a few more at the end of "Goodbye, Mr. Chips" (1939), "The Pride Of The Yankees" (1942) or "The Last Picture Show" (1971)?

More recent pictures like "The Color Purple," "Rain Man," "Field of Dreams," "Eight Men Out," "Schindler's List," "Forrest Gump," and "Titanic" have several of these Kleenex* moments each, none bigger, I suppose, than in the latter film when Kate Winslet lets go of a dead Leonardo deCaprio's hand, promising him she will survive, as he sinks below the surface.

But, the biggest tear-flowing moment of all, without a doubt (for me, anyway) has to be when Tommy Kirk is forced to shoot his best friend and pet dog who has rabies in the 1957 Disney classic. "Old Yeller." Anyone who did not cry at this scene needs to undergo sensitivity training - film sensitivity training, that is

The Lemon Grove Review

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Lemon Grove Almanac

1977

3.75 sq. mi.

\$34,399

1994 Population: Incorporated:

Area: Median income: 1996-97 city budget: \$26.3 million

1996 taxable sales: \$265 million Mary Teresa Sessom

Thomas Clabby Craig Lake **Dwight Shelley** Jill Greer Doug Yount

City Manager: Planning Director City Attorney: City Clerk: Sheriff's Capt .:

Linda Niles Gloria McLean Christine Taub **Yolanda Collins**

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Lemon Grove Fire Log

Nov. 25, 1998

3200 blk. College Pl. Dizzy.

Mt. Vernon St./Skyline Dr. Auto vs. pedestrian.

3800 blk. Fairway Dr. Vegetation fire. Broadway/Kempf St. Assault victim.

Nov. 26, 1998

6600 blk. MacArthur Dr. Assist invalid

7600 blk. Central Ave. Residential structure fire.

Berryland Ct../San Pasqual St. Residential structure fire

8000 blk. Darryl St. Fall.

2600 blk. Lemon Grove Ave. Traffic accident

2000 blk. Massachusetts Ave. Knife wound/stabbing.

Nov. 27, 1998

Mt. Vernon St./Skyline Dr. Vehicle accident. 1500 blk. La Corta St. Diabetic problem.

Nov. 28, 1998

8400 blk. Golden Ave. Fainting.

2200 blk. Massachusetts Ave. Difficulty breathing.

Glencoe Dr./Hughes St. Transformer fire.

3400 blk. Washington St. Diabetic problem.

3200 blk. Olive St. Vehicle accident.

Hwy 94 EB/Lemon Grove Ave. Vehicle accident freeway.

1400 blk. Skyline Dr. Assault victim.

2600 blk. Glebe Rd. Overdose.

Mt. Vernon St./Main St. Evaluate for Sheriffs

3300 blk. Par Dr. Traffic accident.

Nov. 29, 1998

8000 blk. Palm St. Unresponsive.

3200 blk. College Pl. Difficulty breathing.

2200 blk. Massachusetts Ave. Difficulty breathing.

Nov. 30, 1998

2000 blk. Dayton Dr. Difficulty breathing.

3200 blk. Olive St. Back pain.

PUBLIC NOTICES

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1991. UNLESS YOU TAKE
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PROPERTY, IT MAY BE SOLD
AT A PUBLIC SALE. IF YOU
NEED AN EXPLANATION OF
THE NATURE OF THE PROCEEDING AGAINST YOU, YOU
SHOULD CONTACT A LAWYER. ON December 29, 1998, at
10.30 A.M., HOUSEKEY FINANCIAL CORPORATION, as
duly appointed trustee under and 10-30 A.M., HOUSEKEY FINANCIAL CORPORATION, as duly appointed trustee under and pursuant to Deed of Trust recorded february 27, 1991, as Instrument No. 1991-0084343, as Official Records in the office of the County Recorder of San Diego County, State of California, executed by Ruby Mae Fanning, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK, OR CERTIFIED CHECK (payable at time of sale in lawful money of the United States) at the entrance to the City of Oceanside, Ca 92054, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: Lot 50, Blossom Hill, in the City of Lemon Grove, County of San Diego, State of California, according to map thereof no. 7607, filed in the office of the county recorder of San Diego County, April 20, 1973. The street address and other

common designation, (if any), of the real property described above is purported to be: 2100 Craig Ct., Lemon Grove, Ca 92045 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, express or implied, regarding title, 1 possession, or encumbrances to pay the remaining principal sums of the note(s) secured by said Deed of Trust with interest and late of the note(s) secured by said Deed of Trust with interest and late charges thereon as provided in said note(s), advances, if any together with interest thereon, and fees, charges, and expenses of the Trustee for an amount which as of the date of this notice is reasonably estimated to be \$18,503.52. Said amount may be greater on the day of sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned Trustee a written Declaration of Default and Demand for Sale and written Notice of Default and Election to Sell. The undersigned Trustee caused said Notice of Default and Election to Sell. The undersigned Trustee caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located Beneficiary's Info. HFTA First Fianancial Corp., (fdba Transamerica Financial Services 961 Weigel Dr., Elmburst, II. 60126 Account No.: 218203 00. 225258 Foreclosure Rep. Sandy Son Telephone Number: 630 617-6796 HOUSEKEY FINANCIAL. CORPORATION As said Trustee 931 Corporate Center Drive Pomona, CA 91769 909-397-3047 By SR Ferguson Assistant Secretary TAC.454988B PUBB. 12-8, 12-15, 12-22 of Trust with interest and late

NOTICE OF TRUSTEE'S SALE Title Order No. 8902992 Trustee Sale No. 95-30746S Reference No. 51522072 F APN No. 576-381-13-00 YOU ARE N DEFAULT UNDER A DEED OF TRUST DATED 04/17/92. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On December 22, 1998, at 10-00 AM, Professional Lenders Alliance, LLC FKA Professional Lenders Alliance Corp as the duly appointed Trustee under and pursuent to Deed of Trust, recorded on 04/29/92 as Document No. 1992-0253713 Book --- Page 1777 of Official Records in the Office of the Recorder of SAN DIEGO County, California, executed by: TRAVIS L. CARPENTER AND MIRIAM J. CARPENTER, HUSBAND AND WIFE AS JOINT TEMANTS, as Trustor, TRANSCOASTAL MORTGAGE CORP., as Beneficiary. WILL SELL AT DUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or lederal credit urion, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section \$10.00 ft. Se check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and losn association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: ATTHE SOUTH ENTRANCE TO THE COUNTY COURTHOUSE AT 220 WEST, BROADWAY, SAN DIEGO, CA., all right, title and interest conveved to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: "As more fully described on the above mentioned deed of trust". The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1902 ENSENADA STREET, LEMON GROVE, CA 91945. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said saile will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Truste and of the trusts created by said Deed of Trust, to-wit: \$1129,203.05 Estmated. Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Default and Election to Sell. The undersigned caused said Nobec of Default and Election to Sell the undersigned caused said Nobec of Default and Election to Sell. The undersigned caused said Nobec of Default and Election to Sell The under



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Helix

Continued from Page 1

Over the years as a head coach. Arnaiz has watched players and staff come and go, and has said coaching and the players have not changed so much as the world around them.

"I don't think the players have changed all that much. Their personal lives have changed," said Arnaiz.

He added that the good players you have are no different than 25 years ago, they just have more stress and confusion in their lives.

He commented that the 1998 CIF champion Highlander team is very comparable to the 1978 team in that both teams were considered underdogs going into the championships and both came from a rocky season.

The beginning of the season was not consistent. The Highlanders would have a good game, and then the next week play terrible. They started out 1-1-2, and then went to 2-2-2.

He said that individually the 1998 players were not the most talented, but they were one of the best teams, and that at some point they really clicked and came together in the final four. That's what you got to do.

The players contributed

taking it upon themselves to make it happen.

According to Arnaiz, a coach can try to steer and direct a team, but at some point the players have to focus, since there is no magic in Xs and Os, only the players are the magic.

He quoted one of his coaching mottoes. "The lineup doesn't matter - they decided to become the

Arnaiz was also unsure as to why this team made it all the way but said that after the team's win over Monte Vista in double overtime the players came alive gy preparation and review and were unstoppable.

He commented that they believed they could continue to win, and just did an incredible job of coming win, but obviously it worked. together, clicking and making things happen."

As for the title game. there was not a lot of time no time to practice, commented the coach.

The Highlanders played Thursday in the semifinal, then took Friday off to recuperate. Saturday brought rain and Sunday was an offday. Monday was pre-game and Tuesday was right there field calmly, and even on top of them before they though Chula Vista scored knew it.

He noted that the team to the winning season by went through a lot of strate-

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Helix coach Jim Arnaiz relaxes as he thinks back over the win and his career with the Highlanders leading up to his 200 win Photo by Jason Williams

with basically no actual

It does not sound like the recipe for a championship

When asked if he would have done anything differently, he said, "Absolutely not. How do you argue with

The players came to the stadium thinking they could win. After their win against Castle Park in the semifinals, the Highlanders had no doubts

They went out onto the quickly in the first quarter. the team did not panic.

The Highlanders simply said. "Business as usual."

Helix scored on its second possession but missed the field goal, leaving Chula Vista still in the lead 7 - 6.

In the second quarter. senior running back Jason Van brought the High- win, and that's the truth.

landers into the lead.

"I am obviously very pleased for them; a bunch of the kids on the team who worked very hard," said

He added that he hoped they each take away, not just from the game, but from the season, and realizing that you can stumble and fall, and make mistakes, but the key is getting up, dusting off and dealing with adversity."

He said he walked away with a lot of satisfaction that the kids finally came together and that the coaches never stopped teaching, regardless of what the previous game was like.

He noted that in any season, to do what we did, you have to have committed players and dedicated coaches and then sprinkle all that with luck ..

He added that sometimes the best teams don't always

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OLPH wins parochial flag football championship

Help (OLPH) Junior Varsity football team won the San Diego Parochial School Athletic Flag Football League championship over Saint Jude Junior Varsity by a score of 21 - 12 on Nov. 22.

OLPH had tied for third with Madeline behind Saint Jude and Blessed Sacrament during the regular sea-

In the playoff tournament held the weekend of Nov. 21-22. OLPH defeated All Hallows, Blessed Sacrament and Saint Jude to become league champions.

The team slogan is "Together Everyone Achieves More in Christ," or TEAM in

This team truly epitomized its slogan with total team effort, not only throughout the season, but especially during the threegame playoffs, said coach Ed Horning.

OLPH featured an outstanding offensive line in Matt Weicherger, Patrick Bristow. Danny Myers, Mike Pousson and William Breisacher. Behind their blocking, Jonathan Mata found plenty of room to run once through the hole or around the cor- that, over all, it took a

Coach Sean Sayre said that Mata used his quickness and graceful side-to-

Our Lady of Perpetual side moves to lead the team in rushing and scoring, and that D.J. Hensen, with deft ball-handling at quarterback and crisp passing led a high-powered, stop-us-ifyou-can, offense.

> Horning added that tight end Matt Weichberger made spectacular scoring catches throughout the weekend. Scott Ward chipped in with a clutch back-of-the-end-zone catch for a touchdown against Saint Jude.

According to the coaches, the real spark-plug for OLPH was team captain Nick Olsen, lead blocker for Mata, literally left defenders on the ground after one of his many crushing blocks. Olsen also plays linebacker on the defense with Mata.

They, along with defensive ends, John O'Neil and Danny Myers, who made some great defensive plays. A sparkling interception by John O'Neil shut down some of the most powerful offenses in the 15team league.

Head Coach Ed Horning and Assistant Coach Sean Savre said they were proud to have been involved with a great group of boys and deserving champions, and TEAM in C. effort. The backup players were very supportive throughout the tour-





The champion OLPH team consisted of (top row - I-r) William Breisacher, D.J. Henson, Jim Mikolaveik, Patrick Bristow, Scott Ward, Mike Pousson, Danny Myers, Jacob Landman, Rvan Altringer, Chris Grohman, Matt Weichberger, Joe Wyer, (front row) Chris Pousson, Landon Fox, John O'Neil, Kevin Kennedy, Nick Salazar, Joey Lima, Nick Olsen, Robert Boll, Jonathon Mata, Tommy Myers. In back are coaches Ed Horning and Sean Sayre.

Adult Sports Standings Softball

Final Men's A	(as of 1)	1/19)	En Fuego	4	Ď.
Team	w	L	Friends & Neighbors	4	Ti.
Tri-County Insulat	7.5	2.5	Bad Dogs	18	5
Paleozoics	6.5	3.5	CoRec B/C Fina	l inc of	(19/6)
Enerdyne	5.5	4.5		W	
American Ren. Ins	4.5	5.5	Team	• •	L
D & H Truck	3	7	HEAT	4	1
Grand Std Sports Bar	3	7	Mauzy/Univ Rlty	×	2
Final Men's B	Classe	11/16)	No Big Deal Parkhurst Red Dogs	4	4
			Drew Ford New Comers	2	8
Team	W	L	Round Table Pizza	1	31
Lizards	8	1			
Pharis Landscape	6.5	2.5	CoRec C Final	(as of 1	1/24)
Above the Law	5.5	3.5	Team	W	L
ARS	4	5	Solar Turbines	н	1
County Propane	2	7	Kapih Development	65	1
Coo-Coo Clubbers	1	8	Bogart's	4.5	4.5
Men's D (a	s of 11/22)	Mamas & Papas	4	5
Team	W	L	We Should be in 'D'	2.5	6.5
Top Notch Landscape	6	3	Ranch House Wrang	2	7
Binford Boys	6	3			
Rude Dogs	6	3	CoRec D Final	(as of 1	1/21)
Grumpy Old Jox	6	3	Team	W	L
River Boys	4	5	Krazy w/Kids	H	1
Comer Brothers	4	5	Longshots	7	2
Arrow Construction	3	6	Strange Bedfellows	6	3
Just Do It	1	8	Who's Buyin?	6	3
			Blue Thunder	.3	6
Women's Fina		12/6)	Olsen Photography	2	7
Team	W	L	Just 4 Fun	2	7
We Wouldn't Mind \$	8	0	CoCo's	2	7
NexSource	7	1			
Al's Sport Shop	4	4	Volleyb	all	
HEAT	4	4			
MsFits	3	6	A League (a	s of 12/6	5)
Whatevers	2	- 6	Team	W	L
Supercuts	1	8	Fire Up	10	0
CoRec A FINA	L. (as of	11/20)	Court Attack	6	4
Team	W	L	Set to Spike	5	5
The second secon	9	1	New Attitude	4	6
Frozen Rope Team NGC	8	2	In Your Face	3	7
Poculators	6	4	Magic Touch	2	8
Santana Hair Co.	4	6			
Valle de Oro Outlaws	2	2	B League (a	s of 12	2/6)
Seeing Double	1	9	Team	W	L
		45	Safe Sets	8	2
CoRec B (a	s of 11/22	2)	Dang It!	7	3
Team	W	L	6-Pack	7	3
Hotshots	6	3	Spikes R Few	4	6
D&H Trucking Equip	6	4	Slime Dink	3	7
'A' League Crushers	5	5	Return to Glory	- 1	9
	1				